

VIPCare

PASTORAL LEADERSHIP PROGRAM

In response to requests by pastors and judicatory leaders, faith groups have conducted empirical research studies to identify essentials for today's effective pastoral leadership. The Virginia Institute of Pastoral Care is taking the next step: teaching pastoral leaders those essentials.

VIPCare has envisioned and birthed a new program: **Pastoral Leadership in a Complicated Age**. Each of **6 learning units** teaches specific research-suggested themes:

1. Healthy Pastors: Keeping one's balance on a high and narrow beam. Targeting personal KSAP goals based on 16-PF scores. (Dowdy) (Oct. 1 thru Nov. 12)
2. Healthy Congregations: Promoting healthy churches, and managing inevitable conflicts (Tumbull, Mucha) (Nov. 19; Dec. 3, 10; Jan. 7, 14, 21, 28)
3. Dealing with Difficult Situations: Case presentations and coaching (Hill) (Feb. 4-25)
4. Pastoral Self-Awareness: Recognizing our gifts and our shadow sides (Maloy) (March 4-18)
5. Stories to Mind the Soul: Pastoral storytelling as transformative (includes follow-up on case presentations) (Hill) (March 25; April 15, 22, 29; May 6)
6. And Now It's Time to Go: The value of good leavings. (Hamilton) (May 13, 20, 27)

The Program meets weekly at VIPCare **October 1, 2009 through May 27, 2010** on **Thursday mornings from 9 to noon**. **Opening worship and retreat are Wednesday September 23 from 9 to 2:30pm** at St. Stephen's Episcopal Church.

General structure for each 3-hour class is presentation of the focus of the day, application of this theme to pastoral leaders' experiences in ministry settings, and a support group. Lectures, small group discussion, case studies and coaching are key elements of the program. Small accountability groups address, "What will you do in this content area before we meet again?" and at a future meeting "How did it go? What would you change?" The pastoral journey support group is facilitated by the program director, Dr. Sandra Hamilton.

Tuition is \$1,500 for the entire program. Monthly payments may be negotiated in advance in writing. Limited scholarship aid may be available from the William B. Oglesby Scholarship Endowment or the Carpenter Foundation Grant.

Academic credit may be available for "PT 649: Management for Ministry" through application as a special student at The School of Theology at Va. Union University.

Pastoral Leadership In a Complicated Age

Application begins by contacting Dr. Sandra Hamilton for a conversation or an application form. Admission criteria include experienced pastoral leadership in a recognized denomination or faith group, and successful completion of the application process. Contact VIPCare for application forms. If the paper application, accompanied by the \$85 processing fee, is in order, the applicant will complete psychological testing for which an \$85 testing fee is charged. Qualified applicants will be invited to an interview with Dr. Hamilton. Upon approval by the faculty, the applicant will be notified concerning acceptance. September 7 is a flexible deadline for 2009-2010 program application.



What knowledge, skills, abilities and personal characteristics (KSAP's) contribute to effectiveness in ministry?

What practices contribute to the wellness of pastoral leaders?

Currently several empirical research projects are under way to answer these questions, and we have preliminary results:

- *Knowledge of administration*
- *Skills in conflict management, multitasking, & public speaking*
- *Ability to adapt*
- *Personal characteristics of authenticity, balance & integrity*
- *Wellness practices of self-care, coping & holistic health care*

VIPCare's Pastoral Leadership in a Complicated Age will improve KSAP's needed for effective and healthy pastoral leadership in the 21st century. Each participant will design an individual growth plan.

Pastoral leaders will study sustaining pastoral well-being, promoting healthy churches, mediating conflicts, pastoral listening in difficult moments, pastoral self-awareness, pastoral story-telling, and the value of a good leaving.

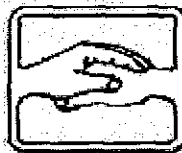
FOR MORE INFORMATION, OR TO APPLY, CONTACT:

Dr. Sandra K. Hamilton, Director
Pastoral Leadership Program;
Or

Dr. Mel Dowdy or Dr. Mary Fran Hughes-McIntyre, Co-Directors of Education

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VIPCare is an accredited service and training center of the American Association of Pastoral Counselors. AAPC Pastoral Counselors are ministers ordained or endorsed by a religious faith group who are also mental health professionals with specialized graduate training in both religion and the behavioral sciences. For further information on AAPC, write AAPC, 9504-A Lee Highway, Fairfax, Va. 22031-2303.

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Pastoral Leadership In a Complicated Age



Advanced Pastoral Education

**The Virginia Institute
Of Pastoral Care**

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